

# NNN

## NAME. NARRATE. NAVIGATE

### A PREVENTIVE INTERVENTION FOR YOUTH VIOLENCE

**Name.Narrate.Navigate (NNN)** was developed with, and for, the community in 2018 to address the significant, yet underserved, issue of youth-perpetrated family, domestic and intimate partner violence. Distinct from other initiatives it acknowledges that young people who use violence have often been victims/survivors of violence.

NNN uses trauma informed practice developed with Aboriginal Elders and practitioners to provide sensitive and culturally safe psychoeducation, skill development and support. A parallel program of professional development helps cross-sector workers upskill in working with violence in trauma informed ways.

## WHO

**NNN** is for people aged 12-18 who use violence and for the workers who support them.

To date NNN has worked with over 100 young people:

- 36 young people were aged 13-17yrs
- 65 young people were aged 10-12yrs
- 43 young people were Aboriginal
- 36 young people found guilty by the Children's Court of violence related charges.

*Professional education and training has been delivered to over 500 professionals from sectors including Police, Education, Health, Justice, Community and Welfare services and Out of Home care.*

## WHERE

**NNN** has been trialled in regional areas of NSW with high rates of family and domestic violence. Designed and delivered in the Hunter, Newcastle and Port Stephens regions –

**NNN has addressed unmet service needs and supported cross sector services to better respond to youth violence.**

With investment, NNN can be replicated in other regions of high service need.

## WHAT

*The program provides psychoeducation and skill development for better understanding of emotional literacy; consent and communication; empathy; power and control; blame, shame and choice.*

The program is delivered through 6 week programs and condensed in-school three-day delivery with the capacity to pivot for online delivery with increased resourcing.

## WHY

**Youth perpetrated violence in interpersonal relationships is increasing.**

Cross-sector workers report a sense of increasing youth violence, especially female violence, not adequately represented by crime statistics but increasingly in the public awareness through media and social media profile. Workers also lament the gap in services for young people who use violence and the lack of available training and support for workers across sectors who support them.



# OUTCOMES

## NNN ACHIEVES OUTCOMES

### OUR PROGRAM GRADUATES:

- Return to education, training or start employment
- Reduce offending often by making different relationship choices
- Re-engage with the community in productive ways



*Jazz\* was 16 when she joined the NNN program. She had been couch surfing since age 13, been out of school since age 11 and had 106 criminal charges in the previous calendar year. Jazz graduated the NNN program and with no further charges, began to work with the program as a peer mentor and consultant. Jazz is now 18 and is living independently. She has recently commenced studying a Certificate 3 in Community Services at TAFE.*

## WHAT NEXT

### RESOURCES...

Tackling youth violence requires dedicated resources to fund specialist trauma informed service delivery currently not available through Justice, Community Service or Health. It also requires considered investment in specialist cross-sector education and training to increase service responsiveness, community safety and wellbeing.

### KEY CONTACTS

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