

What is NNN?

In NNN you will work with other young people in small groups to explore emotions, empathy, power and control, shame, choice and having a voice.

In the small groups you will get to take part in a range of activities, including taking and sorting photos, taking part in activities that might give you new ideas, telling us what you think, and developing new skills.

You will also be invited to take part in research about the experience of young people involved in NNN. **You can be part of the NNN groups even if you don't want to be included in the research.**

NNN
NAME. NARRATE. NAVIGATE

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More information

For more details contact:
NNN@newcastle.edu.au

The photos

All the photos in the leaflet have been taken by young people who have taken part in NNN.

Funding

NNN receives funding from a Westpac Scale Grant as part of the Safer Children, Safer Communities work program and from the Australian Government through the Safer Community Fund.

Information about

NNN
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group sessions



Do I have a choice?

Yes. You will not be made to do the group sessions (although a school, court or somebody else might suggest you do it) and you will not be made to do anything you don't want to in the sessions.

What will I do in NNN?

Before the group sessions you will meet with one or two of the group leaders so that you meet each other, learn a bit more about the sessions and the workers, and tell us a bit about yourself.

There will then be a series of group sessions (normally 6 sessions each lasting 2 hours) and it will finish with another meeting with the facilitators to reflect on the sessions and tell us what NNN was like for you.

There will be snacks during the group sessions, and you will be invited to take part in some research that is part of NNN.

Why have I been invited to take part in NNN?

NNN was created to support young people who have used violence in their families or relationships, but it can also be useful to other young people as well.

NNN will be a non-judgmental, supportive group, where we want to learn from you as well.

An important part of NNN is hearing about your experiences and learning from you. For example, at the end of each session, you will be invited to write an anonymous postcard telling adults about what you think.

Some young people who complete NNN go on to be NNN advisors or even help run the groups with young people.

