

# NNN

NAME. NARRATE. NAVIGATE

## NNN Practice Pathways

The NNN team provide two training packages to strengthen trauma informed and culturally safe practice for youth violence. All training we provide is safe and inclusive, active and experiential, meaning you'll leave with practice-ready skills.



## Working with Trauma Training

The first training package offered caters to organisations wishing to enhance trauma awareness and build practical strategies for staff working with trauma.

Training is flexible, fit-for-purpose and tailored to organisational need. It covers the prevalence and impacts of trauma, what impacts of trauma mean for our bodies, brains and behaviour and how workers can support safety for people impacted by trauma.

## NNN Practitioner Training

The second training package offered supports practitioners to learn to deliver NNN in their own service or practice setting.

It involves 21 hours of training (in flexible formats) as well as eight weeks of group mentoring as you first deliver NNN. Completing the training provides you with access to session plans and practice guides for the NNN program. You will also be able to join a community of practice for continued support.

Training covers:

- » The NNN model, its impetus and essential ingredients.
- » Knowledge development about the neuroscience of trauma and the fit with Aboriginal ways of knowing and doing,
- » Skill development in mindful participation, reciprocal communication and creative methodologies ,
- » Opportunities to build connections for confidence and enhanced coping in your work.

*NNN Practitioner Training involves a one-off-fee of \$400. This fee supports the continuing work of the NNN program. Training intakes are limited to a maximum of 8 practitioners per cohort. Participants can include practitioners from any discipline or background who work with youth violence.*

### MORE INFORMATION:

Check out our website [namenarratenavigate.com](http://namenarratenavigate.com) or email us at [NNN@newcastle.edu.au](mailto:NNN@newcastle.edu.au)

